

Volunteer for Essex Wildlife Trust

Volunteering for Essex Wildlife Trust will allow you to meet new people, experience something different, get fit, learn about wildlife, or simply allow you to support your passion for wildlife by helping the Trust.

There are already more than 2,000 volunteers involved in Essex Wildlife Trust, who may do anything from being a warden of a nature reserve to baking a cake for one of our popular events.

"I enjoy myself so much, I've just asked if I can double my hours!"

John Carman, Visitor Centre Volunteer, Fingringhoe Wick

If you would like to get involved in our work – regardless of the amount of time you have available, we will do our best to find the right opportunity for you. For more details go to our website www.essexwt.org.uk or phone 01621 862960.

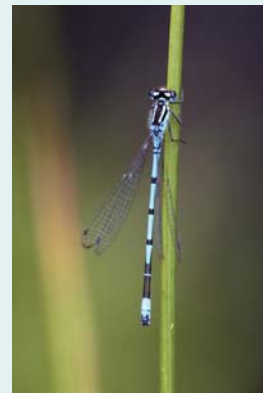


Take part in an Essex Wildlife Trust Event

There are numerous events happening all year round, all over the county. A lot of these are held at our Visitor Centres or organised by our local groups of volunteers.



Many of these events have wildlife or seasonal themes and include guided walks, conservation work parties, exhibitions and sales, talks, fun runs, photography and optics workshops as well as numerous family and children events.



For more details about the events there is a printed leaflet which you can get at any Essex Wildlife Trust visitor centre or phone 01621 862960 or go to www.essexwt.org.uk

Membership

Essex Wildlife Trust is extremely grateful to its members and supporters. Membership allows us to do the really important conservation work that is on-going across the county.

As a member you will receive a membership welcome pack with details about our work. You will also receive Essex Wildlife Magazine and Nature World Magazine three times a year – but most importantly you will be supporting the work we carry out to protect wildlife for the future.

What you can do now...

- Go for a walk at a Essex Wildlife Trust nature reserve
- Call in at a Trust visitor centre
- Contact us about volunteering opportunities
- Come along to an event
- Become a member of Essex Wildlife Trust



ESSEX
Wildlife Trust



The Joan Elliot Visitor Centre
at Abbots Hall Farm
Great Wigborough
Colchester, Essex CO5 7RZ
Tel 01621 862984
Fax 01621 862990
Email corporate@essexwt.org.uk
www.essexwt.org.uk
Registered Charity No. 210065

Aggregate Industries is proud to support the Wildlife Trusts' role in the BBC's Breathing Places campaign.



ESSEX
Wildlife Trust



Get closer to Wildlife with Essex Wildlife Trust

your local conservation organisation



Enjoy and experience your local wildlife

Why not get involved with your local wildlife trust and enjoy our breathing places. A Breathing Place is somewhere you can escape the hassles of everyday life, get your hands dirty, listen to bird-song and admire the natural world.

Essex is a truly beautiful county. Just take a look around and you will see how much it has to offer. We have some beautiful habitats for wildlife to flourish in: ancient woodland, the longest coastline in England, important marshes, some fantastic waterways, heathland and meadows to name but a few.

Essex Wildlife Trust

Essex Wildlife Trust is the county's leading conservation charity and is busy protecting wildlife for the future. We manage and protect over 7,250 acres of land on 87 nature reserves and 1 nature park. We have 7 visitor centres across the county, allowing you to get closer to nature while enjoying the comforts of our visitor centres. We are supported financially by more than 36,000 members and we have more than 440 companies who have joined our corporate membership scheme.

Nature, wildlife and being outdoors is good for you!

The benefits of getting outside and experiencing the countryside are enormous. In fact recent research has proved this.

"Research has shown that green space is vital for people's well-being. It improves self-esteem and mood, and reduces blood pressure."

Professor Jules Pretty OBE, Essex University



How to get involved

Visit our Nature Reserves

There is free access to our nature reserves*. Why not take advantage of this and go for a walk around these important wildlife areas. They are being managed to improve them and ensure they provide the best habitats for wildlife to flourish in and for people to enjoy.

Our nature reserves have footpaths that allow you to experience the wildlife within them, while not disturbing it.



There are a wide variety of nature reserves, including 3 farms, all of which are situated on some fantastic Essex coastline. There are many ancient woodlands that in springtime offer carpets of beautiful bluebells. Some of our Reserves are old industrial areas which, as they have declined, have become an absolute haven to wildlife.

*a few do not have public access

Visiting a nature reserve couldn't be easier; simply go to www.essexwt.org.uk and click on Top Reserves to find out more details. Or phone 01621 862960 for more information.

Visit an Essex Wildlife Trust Visitor Centre

Get closer to nature while taking advantage of the comforts of our visitor centres. There are 7 visitor centres spread across the county and you can be sure that you'll get a warm welcome if you visit one.



All of them have fantastic views across the nature reserves they are set in.

They will offer you the opportunity to find out more about the nature reserve, light refreshments and original gifts, cards and wildlife-friendly products.

Disabled facilities are available at all centres and they all run a full programme of events for adults and children.

To find out more go to www.essexwt.org.uk and click on Visitor Centres or phone 01621 862960.

Essex Wildlife Trust have visitor centres at: Bedfords Park, Thorndon Countryside Centre, Chafford Gorges, Langdon, Hanningfield Reservoir, Abberton Reservoir, Fingringhoe Wick.