## **Essex Wildlife Trust – Girlguiding Group Visits 2023**

If you would like to book a led activity with us, please contact <u>learnoutdoors@essexwt.org.uk</u> or fill out the enquiry form on our Uniform Groups webpage. A Wilder Learning Officer will be in touch with you once we have established which site is closest for your visit.

Badge/Skills builders	Suggested Essex Wildlife Trust Activity	Suggested session length
30 Days Wild Pawprint Family Badge	<ul> <li>Pond dipping</li> <li>Minibeast hunting</li> <li>Building bug hotels/hedgehog houses/bird boxes,</li> <li>Nature mindfulness, wildlife walk</li> </ul>	1 – 2 activities can be led at an evening session for 1.5 hours – 2 hours. Dependent on site availability. Could be done as one full day activity (see Bespoke special event)
Have adventures: Camp Stages 2 - 6	<ul> <li>Firelighting</li> <li>Campfire</li> <li>Fire safety when outdoors</li> <li>Den building</li> <li>Campfire cooking (choose which is relevant for skills builder stage)</li> </ul>	1.5 – 2 hours
Campaigning (Guides)	Take part in an Essex     Wildlife Trust     campaign such as     Nature Neighbours,     Toad Watch, Big Wild     Seed Sow with your     group	Campaigns available on our website
Have adventures: Explore Stages 1 - 6	<ul> <li>Explore your local reserve</li> <li>Orienteering, map reading</li> </ul>	1.5 – 2 hours
Whittling (Guides)	Whittling safely with tools	1.5 hours
Nature (Rainbows)	<ul><li>Minibeast hunting</li><li>Pond dipping</li><li>Wildlife walk</li></ul>	1.5 hours
Meditation (Guides) Mindfulness (Brownies)	<ul> <li>Wildlife walk</li> <li>Mindfulness activities in nature</li> <li>Nature journal</li> </ul>	1.5 hours
Healthy Mind (Rainbows)	<ul> <li>Wildlife walk</li> </ul>	1.5 hours



Local history (Brownies)	<ul> <li>Local history walk and talk of Essex Wildlife Trust site (available at select locations)</li> </ul>	1.5 hours
Land (all units)	<ul><li>Wildlife walk</li><li>Orienteering</li><li>Bushcraft skills</li></ul>	1.5 – 2 hours
Bespoke special event (i.e full day badge work)	<ul> <li>Can be discussed with Wilder Learning team</li> </ul>	-
Outreach visit to your group  – e.g Charities badge (Brownies), Take action: Make change	<ul> <li>Talk or led activity at your meeting site</li> </ul>	1.5 hours

## Other activities we offer:

- Outdoor challenge days (Bespoke)
- Bat walks
- Moth trapping
- Plant and tree identification
- Bird watching

Costing Details				
Half day visit, including evening sessions – (1.5 hours -2 hours)	£5 +VAT (per child)	Minimum £50 charge		
Full day visit	£7 +VAT (per child)	Minimum £50 charge		
Bespoke special event day (i.e badge themed event)	£9 +VAT (per child)	Minimum £50 charge		
Visit to group (for talk or led activity at meeting site)	£8 +VAT (per child)	Minimum £50 charge		

