

Essex Wildlife Trust

Nature Nursery: Oral Health Statement

This statement is a supporting document to outline the methods used within the Nature Nursery to support the curriculum of the Early Years Framework. It is available internally, although also publicly accessible to parents.

Version Control

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When review is completed, please send to: businesssupport@essexwt.org.uk

Version	Date	Changes made by	Reason for change
2	12/05/2023	J Burlingham	Update to new company format
			Clarify inclusion of oral hygiene practices in operation of Nature Nursery
			Inclusion of relevant links and reference documents
3	14/11/2023	J Burlingham	Update to EYFS document reference

1. Introduction

As described in the Statutory framework for the early years foundation stage (EYFS), the provider must promote the good health, including the oral health, of children attending the setting.

2. Scope

All staff working in the Nature Nursery will follow the relevant policies and procedures to promote good health of the children.

3. Purpose of Statement

To clarify how the Nature Nursery provides care for children and promotes health through promoting oral health and hygiene, encouraging healthy eating, healthy snacks and discussing tooth brushing activities and practices.

4. Statement and practices

4.1 Fresh drinking water is available at all times

4.2 Drinks with high sugar content are not served

4.3 Only water, fruit teas or milk (including dairy-free alternatives) is served with morning and afternoon fresh fruit snacks

4.4 Children are offered healthy nutritious snacks with no added sugar

4.5 Healthy choices are discussed at mealtimes and within activities

4.6 Special occasions may be celebrated with cakes or baked goods – these are celebrated at meal-times and any additional treats are sent home with the children

4.7 Parents are discouraged from sending in confectionary as a snack or treat via regular communication

4.8 Regular curriculum activities will focus on healthy eating, oral hygiene and resources are available for children to practice toothbrushing and oral hygiene with

4.9 For those children that attend Supper Club, menus are designed to maximise nutrition and promote healthy eating

4.10 Due to the outdoor nature of the Nursery setting, we do not practice supervised tooth brushing. This will be communicated to parents on registration and during the settling in period.

5. Appendices

This statement is to be read in conjunction with wider Essex Wildlife Trust Policies and Procedures

Legal framework

5.1 EYFS - Statutory framework for the Early Years Foundation Stage (up to date version available via Government website)

Related policies and procedures

5.2 Food Hygiene and Preparation Policy and Procedure

5.3 Medication Policy and Procedure

5.4 Managing Children who are sick policy.

5.5 Safeguarding Children, Young People & Adults at risk policies and procedures Part 1 and 2

5.6 Sickness and Allergies Policy and Procedure

5.7 Toileting and Nappy Changing and Intimate Care Policy and Procedure

Further guidance

5.8 [Oral health - Help for early years providers - GOV.UK \(education.gov.uk\)](https://www.gov.uk/guidance/oral-health-help-for-early-years-providers)

5.9 [Children's Oral Health - elearning for healthcare \(e-lfh.org.uk\)](https://www.e-lfh.org.uk/)