Tollesbury Wick Nature Reserve

This coastal freshwater marsh nature reserve has been worked for decades by traditional methods to help wildlife, so it now boasts a wonderful diversity of species. Clouded Yellow butterflies flutter above the grassland in summer, noisy Brent Geese gather on the grassland in winter and the majestic Marsh Harrier soars above, coming to roost at dusk.

Essex Wildlife Trust's flying flock of sheep and cattle are crucial in helping to manage this freshwater grazing marsh in the most sustainable way possible.

The rough pasture is also perfect habitat for small mammals such as Field Voles and Pygmy Shrews, which makes this reserve the ideal hunting ground for numerous birds of prey species.

