

Friends of Danbury Ridge

**Protecting
one of Essex's
most precious
wild places**

Love **Essex** • Love **Wildlife**
Registered Charity: No 210065.



Registered with
**FUNDRAISING
REGULATOR**



Essex
Wildlife Trust

Danbury Ridge is a 100-hectare interconnected landscape for wildlife and one of our most critical habitats in Essex.

With the urban environments surrounding Chelmsford and Maldon expanding, this stunning landscape provides an important stronghold for nature.

The Ridge includes our recently acquired nature reserve Fir Tree Wood, thanks to the generosity of local people.

Lapwing: Simonas - stock.adobe.com



Mosaic of woodlands

As an expansive landscape of woodland, common, heath, grassland, streams, bogs and dells, Danbury Ridge is fundamental for nature's recovery in the county – and Essex Wildlife Trust is committed, with our partners, to managing it for future generations.

Barbastelle bats, lesser spotted woodpeckers, dormice, orchids and lily-of-the-valley - which indicate ancient woodland - are among the rare species found across this undulating landscape.

With our management, collaboration and engagement, we can **ensure this magical biodiversity thrives** even as human populations increase not far from its woodland borders.



Become a Friend of Danbury Ridge

By joining as a Friend and making a yearly donation, you'll be helping us care for and protect this extraordinary landscape for wildlife — and for people.

As a friend you'll enjoy:

- Exclusive guided walks with our knowledgeable staff and volunteers.
- An annual newsletter sharing updates and stories from Danbury Ridge.
- Memorable experiences with Essex Wildlife Trust for you and your family.

We need woodlands

We all know that woodlands capture carbon, a vital resource as we combat climate change. We know how important woodlands are **for wildlife**, providing a haven for countless species.

But woodlands are also essential for us. They provide effective filters that improve our air quality. They reduce the risks of flooding and protect soil from erosion.

Woodlands are essential **for our mental and physical health**. Regularly enjoying time in woodlands has been shown to boost our immune systems and relieve physical symptoms such as high blood pressure. They also provide a natural green prescription to improve our mental wellbeing, helping to combat symptoms of stress and depression. Woodlands provide a space for people to relax, exercise and enjoy the changing of the seasons.



Lily of the Valley: Philip Precey

Look up into the canopy, breathe in the cool fresh air and feel the dappled light shine through the trees onto your face. There's nothing more calming.

Experience it for yourself

Park at Scrubs Wood entrance in Runsell Lane and follow the recently improved Danbury Ridge Nature Trail. Visit www.essexwt.org.uk/nature-reserves/danbury-ridge or scan the QR code for a map and directions.





We are the county's leading conservation
charity, committed to protecting wildlife
and inspiring a lifelong love of nature.
**Help us continue our work by becoming
a Friend of Danbury Ridge.**

Please email our Head of Fundraising Bec Sheppard at becs@essexwt.org.uk to register your interest. Your annual donation will **help support the long-term care of Danbury Ridge**, community partnerships, and our dedicated team of volunteers who make it all possible.

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